DAY TOUR
For Delegates of the
CBU 49th Annual General Assembly and
PMA 18th Global Conference
Thursday, August 16, 2018

The Caribbean Broadcasting Union expresses appreciation to the Jamaica Tourist Board for co-ordinating the Day Tour for delegates attending the CBU 49th Annual General Assembly and the Public Media Alliance 18th Global Conference.

The tour, leaving from the Jamaica Pegasus Hotel at 9.00 a.m. sharp, on Thursday, August 16, will take participants to the parish of St. Ann to enjoy the natural delights of Mystic Mountain, Coyaba Gardens and for lunch at Scotchies, Ocho Rios.

It’s not too late to register for the Assembly and Global Conference. Sign up by visiting https://www.publicmediaalliance.org/global-conference-2018/registration/.
**DETAILED DAY TOUR ITINERARY**

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
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<tr>
<td>09:00 a.m.</td>
<td>Depart hotel</td>
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<td>10:30 a.m. – 12:00 p.m.</td>
<td><strong>Mystic Mountain activities</strong>&lt;br&gt;&lt;br&gt; <em>Rainforest Adventures creates unique and memorable experiences that inspire a sustainable use of the environment and an appreciation of the local culture while positively impacting our communities.</em>&lt;br&gt;&lt;br&gt; <em>Rainforest Adventures Mystic Mountain in Ocho Rios is the heart and soul of the Jamaica rainforest activities! You’ll have ample opportunities to put on your explorer’s hat and take your camera on a photo safari — this park takes you all the way from the seashore to 700 feet above sea level at the top of the mountain, stretching over 100 acres. This is one rain forest tour in Jamaica that will give your memory chip a workout it won’t soon forget.</em></td>
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<td>12:15 p.m.</td>
<td>Scotchies for lunch&lt;br&gt;&lt;br&gt; <em>Scotchies Ocho Rios is the place to go if you are looking for some authentic Jamaican Jerk cuisine. It can get very crowded sometimes, especially on cruise ship days. It is one of the best places to get some great Jamaican food. Roast breadfruit, festival, bammy, it’s all there.</em></td>
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<td>02:00 p.m.</td>
<td>Experience Coyaba Gardens and Mahoe Falls&lt;br&gt;&lt;br&gt; <em>The Coyaba River Garden and Museum is an indoor/outdoor facility that mainly focuses on native Taino Indians and Spanish settlers. Inside, guests will find a collection of artefacts that detail the life and culture of the original inhabitants of Jamaica. Outside is a spectacular courtyard featuring a decorative fountain and innumerable tropical plants. They also feature a lookout point with views of the harbour.</em></td>
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<td>04:30 p.m.</td>
<td>Depart for Jamaica Pegasus Hotel</td>
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<td>06:00 p.m.</td>
<td>Projected arrival</td>
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